



Job title: Bank Counsellor

Location: Rekindle offices in Newtown, Powys

Reporting to: Service Delivery Manager

Hourly rate: £20

About Rekindle

Rekindle has been helping people recover from mental illness since 1997. Since 2014 we have focused entirely on young people aged 16 to 25, who may be at risk of mental health problems, or those already suffering from mental distress. Using our recovery model based on early intervention we aim to offer collaborative support in every aspect of their lives; housing, relationships, work, training and finance, offering mental health support through jointly planned and considered individual and group therapy. Clients are enabled to make lasting changes, become part of the wider community and be given a voice in the running of the service.

Role Overview

The role of Counsellor is to provide client-focused counselling. The counsellor will work within our site in Newtown providing counselling to clients who have self-referred or have been referred to the service. This is an opportunity to become part of Rekindle's counsellor bank on a self-employed basis. While work would be agreed to on a case-by-case basis, a commitment is required from a counsellor to support completion of clients counselling. Mentoring and Supervision to be provided by Rekindle.

Key Responsibilities

1. Provide client focused counselling to individuals from across Mid Wales and Shropshire Borders
2. Assess, monitor and manage risk.
3. Measure outcomes.
4. Refer to other agencies where appropriate.
5. Demonstrate systematic case management and record keeping.
6. To comply with client confidentiality and data protection as appropriate.
7. Participate in all internal Rekindle management systems including workload management and service evaluation and monitoring processes.
8. Comply with the BACP, NCS or equivalent code of practice and Rekindle's policies and procedures.

9. Protect vulnerable groups and individuals from abuse in accordance with Rekindle's safeguarding policy and procedures.
10. Exercise judgement and initiative, taking personal responsibility and accountability for your own practice.
11. Challenge the stigma associated with mental illness.
12. Treat every individual receiving support with respect and dignity.
13. Value diversity and promote equal opportunities.
14. Actively promote Rekindle's values.
15. Promote the work of the organisation in a positive manner.
16. Other appropriate duties to support the delivery of the service, as requested by management.
17. Work effectively within professional boundaries and demonstrate ethical practice.
18. Demonstrate a commitment to continuous learning and reflective practice.
19. Be able to evidence attendance of regular professional supervision sessions.

Skills and Experience

Essential

- Professionally recognised Diploma in Counselling / Psychotherapy or equivalent
- Hold and maintain membership of BACP, NCS or other recognised body
- Must hold valid and appropriate insurance to provide counselling
- Successful applicants will have to undergo an enhanced DBS check. A satisfactory check will be required before any counsellor can be offered clients.
- Knowledge of mental health illness and associated issues understanding of the difficulties faced by people with mental ill health
- Excellent communications skills (verbal and written)
- Good therapeutic-focused inter-personal skills
- An ability and willingness to deliver remote/virtual counselling
- Competent in use of IT including email and Microsoft Office packages

Desirable

- Experience of working in the third sector, mental health sector or with young people
- Experience and relevant CPD in remote delivery
- Accredited member of BACP, BPC, NCS Accredited Professional Registrant or equivalent professional body
- Welsh speaking, or willingness to learn

Personal qualities

- Empathy for vulnerable people and those experiencing mental health issues and their families and carers.
- Ability to establish and maintain professional boundaries with Clients
- Organised and efficient, with a keen eye for detail
- Flexible and adaptable

To apply, please send your CV to jodie.hughes@rekindle.org.uk. For an informal chat about the role, you can contact Jodie Hughes, Service Delivery Manager (Maternity Cover), on 01686 722222.